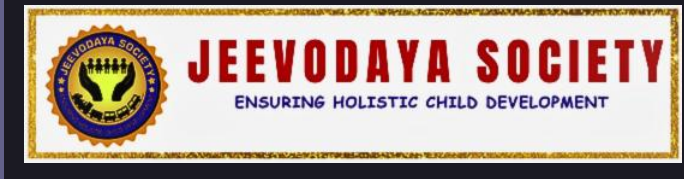


THE GRACEFUL GLIMPSES

MONTHLY NEWSLETTER,

ISSUE-3- MAR- 2026.



“Quality Home, Strengthening Community Participation in Child Protection”

“To a child, whatever is being done by adults is good and worth imitating. Many children have embraced societal vices as they emulated adults, who do not even understand that children are learning from them. Later the adults blame children and even punish them. There is no blame game as it is said..... ‘Values are not taught but they are caught’. Children catch fast what the caregivers practice. Those caring for children should make sure they do what is noble and trustworthy because they are unknowingly training their children.”



Shot on AWESOME A05s



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THE POP UPS OF MARCH 2026.



1. Message from Editorial Team:

Welcome back to the “Glorious Glimpses” third issue, March 2026. We are happy to share the glimpses of our efforts, our programmes and our achievements during the month of March 2026. The month of March was vibrant with a lot of activities and programmes. Our children in Chirag Girls’ home were busy with their exams and most of them have got their results and we are happy to share with you that the children have done extremely well. We are proud to say that there is vast improvement among children in academic front and that encourages us to uphold our focus on education to shape the future of these girls.

This issue of March will highlight some of the events organized by Jeevodaya and the participation of the community in those events and their cooperation and collaboration in creating a better environment for children that is safe and child friendly. Hope you will enjoy reading it and you are also welcome to give your comments and views.

Yours Sincerely,
Peter Lasrado, Asst. Director
For editorial Team

Monthly Highlights: March 2026

CHIRAG GIRLS' HOME	<ul style="list-style-type: none">•Total children: 21•Children under permanent order: 12•Children under temporary Order: 9•Children reunited with family: 1
Community Programme	<ul style="list-style-type: none">•Total children: 420•Children's Parliaments:20/ members 400•Kinship Children: 20
Community Participation:	<ul style="list-style-type: none">•SHGs: 16/ Members: 160•Child Protection Committees:15. Members:180•Youth Volunteers: 38•Community Animators: 4

“Voices of Change- Youth Rising” was the theme for the month of March 2026 for Chirag Girls’ home. The girls made special efforts to ensure that every girl’s voice was heard, respected, and reflected in daily activities. Children’s Committees and Home Management Meetings provided expressive platforms for the children to communicate their views and participate in decision-making.

Through regular group discussions, interactive sessions, and informal conversations, the girls were encouraged to freely share their ideas, needs, and interests. Their voices were carefully listened to, and their suggestions were taken seriously.

These inputs were thoughtfully incorporated into the monthly activity plan. For example, some girls showed interest in sports activities such as hockey, and arrangements were made to support their participation. This not only promoted physical well-being but also strengthened confidence.

The Holi, Festival of Colours

The girls of Cirag celebrated the Holi with great enthusiasm and joy. The children actively participated by applying colors to one another in a friendly and cheerful manner, creating a lively and joyful atmosphere. They danced to music, sang songs, and engaged in various fun activities, which strengthened their sense of unity and happiness. Special arrangements were made for the occasion, including music and a festive lunch, which the children enjoyed.

Holi is more than just a festival of colours, it is a celebration of life, love, and new beginnings. The festival teaches people to embrace unity and togetherness, let go of negativity and celebrate joy and friendship.

The celebration also provided an opportunity for the children to learn about the cultural significance of Holi. As holi spreads colour, laughter and fun across the world, its essence remains timeless: Good triumphs over evil, love brings people together and life is meant to be celebrated with happiness and joy.



promoting bonding, joy, and togetherness.

International Women’s Day

A meaningful program was organized at CCI Chirag Girls Home by Jeevodaya Itarsi. The event aimed to promote women’s empowerment, raise awareness on social issues, and support the overall well-being of the girls.

The program was graced by distinguished guests, including Chief Guest Mrs. Ritu Mehra (Chief Municipal Officer), along with Mrs. Deepti Shukla, Mrs. Jyoti Ayyar, Mrs. Shweta Chaubey, and Mrs. Sarika Katre. Their presence motivated and encouraged the children. The celebration included indoor and outdoor activities such as games, yoga, and physical exercises, promoting health and fitness. An awareness rally was organized to



spread messages on women’s rights, education, health, and the prevention of child marriage. A nukkad natak (street play) on child marriage effectively highlighted its harmful impact. Informative sessions on nutrition, child health, and mental well-being were also conducted. Overall, the program was impactful and successful, enhancing awareness, confidence, and participation among the girls while delivering a strong message to the community on women’s empowerment and child protection.

Safety and Self-Defense Training

06 March 2026, On the occasion of International Women's Day, a Safety and Self-Defense Training Program was organized to empower women and girls and raise awareness about personal safety. The session focused on building confidence, alertness, and practical self-defense skills under the theme "Alertness is Safety." The training was conducted by Mrs. Aarti Sharma, who demonstrated basic martial arts and self-defense techniques. A total of 41 participants, including girls from Jeevodaya and members of the Child Protection Committee, actively took part. Mrs. Deepti Shukla (Project Officer) highlighted the importance of self-protection and confidence among women. The program was supported by staff, Anganwadi workers, and community members, making it a meaningful and impactful initiative.

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Cycle Rally under "Fit India" Campaign

For the first time, a cycle rally was organized under the "Fit India" campaign by Jeevodaya Society and Chirag Home. The event aimed to promote physical fitness,



encourage healthy lifestyle habits, and spread awareness about the importance of regular exercise among children and the local community. The rally witnessed enthusiastic participation from children of Jeevodaya Society, girls from Chirag Home, and other local children. Riding together, they spread the message "Cycle for Health," highlighting the importance of staying active for a healthy mind and body. During the event, participants also interacted with local authorities, including Municipal Chairperson Ms. Ritu Mehra, Police Officer Ak Sharma, and SDM Mr. Nilesh Kumar Sharma. The program was guided and supervised by Sister Clara (Director), Mr. Peter (Assistant Director), and other staff members, ensuring safety and smooth coordination. Throughout the rally, children displayed teamwork, discipline, and confidence.

Academic Performance 2025-26

During March 2026, our 9 children from Chirag got their results and all have passed with good percentage. One child scored 90.17% and another scored 84.67%. 4 of them have scored between 70 and 80%. The academic performance of children shows the hard work they have invested and the efforts of the tuition teachers in helping the children in their studies.

Regular monitoring, clearing the doubts and supporting children in understanding the syllabus and helping them with various question answers helped the children to grasp better.

Legal Awareness & Literacy Programme on Child Marriage and Child Labour

Ms. Anita Khajuriya, District Judge, Itarsi gave sessions on Child Marriage and Child Labour to Chirag girls on 26 March 2026. The sessions were interactive and open discussions helped children to ask questions and respond during the discussions. The ill effects of child marriage and child labour were explained in details, which motivated the girls to focus on shaping their future through education and skill development.



SPARC: Community Programme Highlights

The Community intervention programme of Jeevodaya aims at ensuring safe and child friendly space for children for their wholistic development in the wards of Itarsi Municipality. This can be possible only through the community participation. Therefore, the programmes make efforts to mobilize the community towards analyzing the current situation and identifying the factors causing risks to the children and developing community-based risk mitigation strategies and making the environment better and safe for the children to grow in freedom and friendly atmosphere. The underlying principles are the basic foundation for this as the organization approaches the whole programme on a Rights Based approach where the rights of children as the rights holders are respected, protected and fulfilled by the community as the duty bearers. Along with the community, the other stakeholders also are strengthened to fulfill the duty towards addressing the issues of child protection.

A CLUSTER-LEVEL CPC TRAINING

A cluster-level training was organized on 30 March 2025 at Bhagat Singh Nagar, Nalla Mohalla (Cluster 1), with 55 participants. The session was facilitated by Sr. Clara, Director of Jeevodaya, and Mr. Peter Lasrad, Assistant Director. The key inputs included an overview of child protection principles, identification of risks and vulnerabilities faced by children, roles and



responsibilities of community members, and mechanisms for reporting and responding to child protection issues. Interactive discussions and case-based examples helped

participants better understand real-life situations and appropriate actions.

As an outcome, participants gained improved knowledge and clarity on safeguarding children and their own responsibilities in preventing abuse, neglect, and exploitation. The training strengthened their confidence to identify and report concerns, and encouraged collective responsibility within the community. The impact of the session is expected to be reflected in increased vigilance, timely intervention, and a more child-safe environment in the community.

Children's Parliament

Monthly Children's Parliament meetings were conducted across 20 sectors of Itarsi by the SPARC team, providing a platform for child leaders to actively participate in governance and community issues. During the sessions, children took on ministerial roles, discussed key concerns affecting them, and practiced democratic processes such as decision-making, planning, and problem-solving. Facilitators guided the children on leadership values, effective communication, teamwork, and accountability.



These inputs helped the child ministers strengthen their leadership skills and gain confidence in expressing their views. As an outcome, children demonstrated improved decision-making abilities and a greater sense of responsibility. The initiative continues to empower children to become active change-makers, contributing to a more inclusive and child-friendly community.

A NEW SELF-HELP GROUP (SHG) FORMED

A new Self-Help Group (SHG) was formed on 24 April 2026 in Gwal Baba by the SPARC team, with the aim of promoting savings, mutual support, and self-reliance among community members. During the formation meeting, the team provided detailed inputs on the concept and importance of SHGs, emphasizing regular savings, collective decision-making, and financial discipline. Members were oriented on maintaining basic records such as savings registers and meeting minutes, as well as the roles and responsibilities of group leaders.



The session also highlighted the benefits of unity and mutual support in addressing common challenges, accessing small loans, and improving livelihoods. Discussions encouraged active participation and trust-building among members. As an outcome, the newly formed SHG members expressed willingness to save regularly and work together for their economic and social development, laying a strong foundation for sustainable community empowerment.

A NUKED NATAK (STREET PLAY)

A Nuked Natak (street play) on the issue of child marriage was performed by community children, led by the SPARC team, at Jaystambh, Itarsi on the occasion of International Women's Day. The activity aimed to raise awareness about the harmful effects of child marriage and promote the importance of education and equal rights for girls. Through engaging performances, dialogues, and real-life messages, the children effectively communicated the social and legal consequences of early marriage.

The inputs provided during the preparation included guidance on the theme, role-play, expression, and confidence-building. As an outcome, the children developed better communication skills and a deeper understanding of social issues. The performance had a positive impact on the community, spreading awareness and encouraging people to reflect on and prevent child marriage, while promoting a safer and more supportive environment for girls.



Digital Literacy Programme: Community Children Computer Learning

Community children enrolled for the Basic Computer Classes have been successfully registered this month for the Digital Literacy Certification through P2E Learning under the Computer Literacy Program conducted by Jeevodaya,

As part of the certification process, the children are actively participating in daily online test series covering topics such



as basic computer operations, internet usage, digital safety, and practical applications.

These regular assessments are helping improve their speed, accuracy, and confidence while working on computers. The structured learning approach is not only enhancing their knowledge but also preparing them to become digitally aware and responsible users.

Success Stories



Small effort towards self-reliance: Kabir Self Help Group in Abdul Hamid Nagar and Jai Ambe Self Help Group in Nyas Colony: As the women from very poor economic background struggle to make their living through domestic help, daily wages, working for wedding caterers, etc. they thought of starting their own small business. They started Papad, pickle, decoration items, bag stitching, and other products which could be sold in their locality and get some income. Congratulations, Good Efforts.



Bhavani (Name Changed) was not able to concentrate on studies at all. Through the determined efforts by the tuition teachers, Bhavani was able to study and give her exams of 8th standard. When the results were announced, she herself couldn't believe that she secured 66%. Jeevodaya gives highest priority to education of children among all other activities. It is highly appreciated that the children are doing well and there is great improvement in academic performance of children

Children's Voices

The Best Holi I Ever Had

This was my first time celebrating Holi in CCI Chirag, and I really enjoyed it a lot. I felt very happy and excited. We all played with colors and put colors on each other in a friendly way. Everyone was laughing and smiling, which made me feel so good. We danced on music, sang songs, and had so much fun together. There were many nice activities, and I enjoyed each moment. We also had a special lunch, which I liked very much.

I learned that Holi is a festival of happiness and love. I felt very close to my friends that day. This Holi was very special for me, and I will always remember it with a big smile.

Bharti Prajapati

My Cycling Journey

My name is Khushi Thakur, and I learned cycling at Jeevodaya Chirag Girls home . In the beginning, I was very scared and frightened. I thought I would fall, and I did not have the courage to try. But the staff at Chirag always motivated me. They encouraged me and told me, "You can do it." Their words gave me strength. Even when I felt afraid, I decided not to give up.

In the beginning, I fell down many times and felt a little sad, but I kept practicing every day. Slowly, I learned how to balance and ride the cycle. With each day, my fear became less, and my confidence became stronger. One day, I finally rode the cycle all by myself. That moment made me feel very proud and happy. Now, I go to school by cycle every day. It makes me feel independent and brave.

Khushi Thakur

Trainings & Seminars- March 2026

Monthly Review meeting: 3rd March 2026, Special Focus was on preparations for the International Women's Day Celebrations.

Self Defence, Safety & Protection Training: 6th March 2026: Children and women were taught Self Defence and safety measures to protect themselves from any unexpected harm.

International Women's Day and Fit India through Sports and Games: 7th March 2026: In the morning children participated in sports and games and in the evening the community participated in the celebrations marked with rally to create awareness and a nukkad natak on child marriage.

Fit India Cycle Rally: 10th March 2026: Children from Chirag Home as well as from the community participated in a cycle rally from Nehruganj to Nagarpalika office, Itarsi city Polict Station and to the Tehsil office. The officials in all the three places addressed and encouraged children for their efforts to propogate and promote Fit India.

Cluster Level Child Protection Committee Traiing: 30th March 2026: Around 50 participants who are the members of Child Portection Committees in 6 wards of Itarsi Municipality participated in the training organised by Jeevodaya. The main focus was to understand the importnace of creating child safe and child friendly wards, identifying the risk factors and developing risk mitigation startegies at community level.



Self Defence, Safety & Protection Training



International Women's Day Celebrations



Cycling for Fit India



CPC Training: Group discussion in Risk Mapping

Upcoming Events and Trainings – April-2026

Monthly
Review and
Planning :
9th

Youth Leadership
Training:11th

CPC Cluster Level
Training on Child
Protection: 13th

Children's
Exposure:
14th to 16th

Kinship Care
Programme

Sensitisation

JEEVODAYA'S COMMITMENT

We continuously strive to maintain a safe, accountable, and child-friendly environment.

Expression of Gratitude

We the Jeevodaya family express our heartfelt gratitude to:

Our donors and well-wishers
District Child Protection Department
Local schools and healthcare partners
Our dedicated staff and volunteers

Your collaboration makes our work possible. ... Thank You

Kinship Care: An Appeal

In our work area, there are a number children who are in need of support for their education and health & Nutrition care; if you wish to participate in making the life of a child brighter by supporting with Rs. 10,000/annum under **Kinship Care**, please contact us. We highly value your contribution.

Contact Us:

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